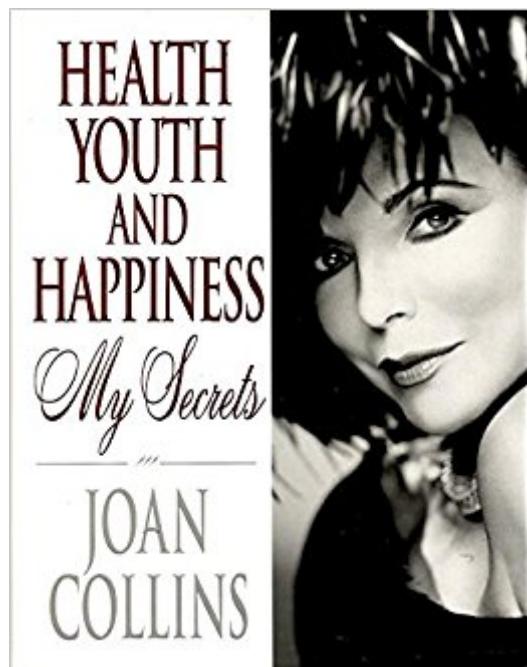


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Health, Youth And Happiness: My Secrets



Synopsis

The actress-author of Prime Time shares her advice on how women can look and feel their best, from tips on exercise, diet, skin care, makeup, and fashion to ways to develop the skills and positive attitudes necessary to achieve success. 75,000 first printing.

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